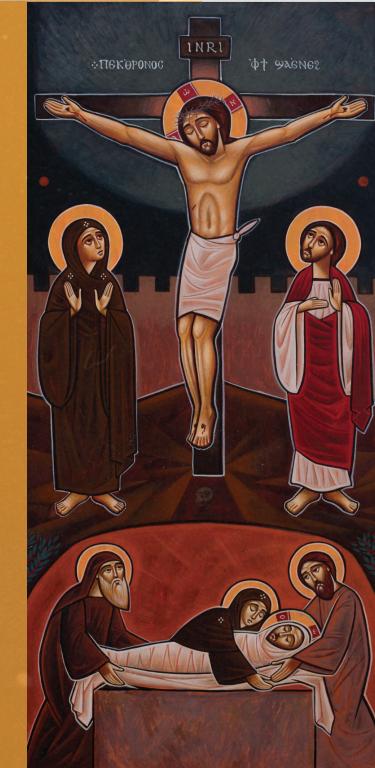
## Holy Lent Reading Program





"Devils take great delight in fullness, and drunkenness and bodily comfort. Fasting possesses great power and it works glorious things."

St. Athanasius the Great

Daily Reading Luke Chapter 1, 1-38

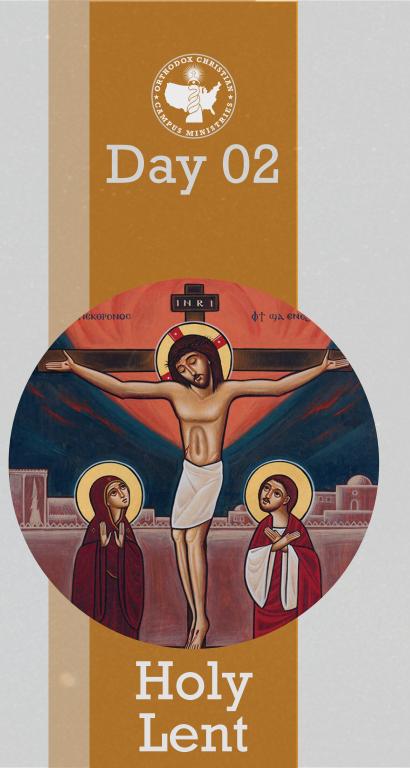




"Above anything,
welcome silence, for
it brings fruits that
no tongue can speak
of, neither can it be
explained."

St. Isaac the Syrian

Daily Reading Luke Chapter 1, 39-80

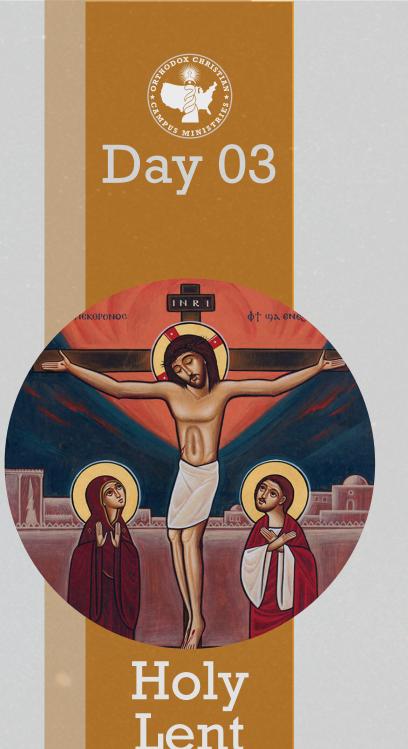


"Do not be surprised that you fall every day; do not give up, but stand your ground courageously.

And assuredly, the angel who guards you will honour your patience."

St. John Climacus

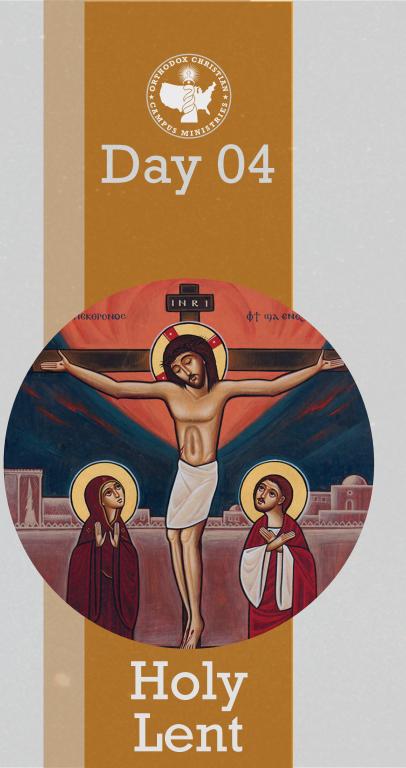
Daily Reading Luke Chapter 2, 1-24



"Nothing you see equals prayer it makes the impossible possible the difficult easy, and the crooked way straight."

St. John Chrysostom

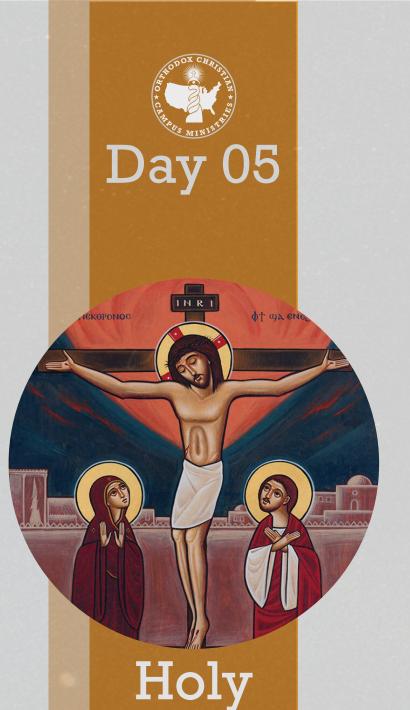
Daily Reading Luke Chapter 2, 25-52



"Lust hath these three companions: the first, blindness of understanding; the second, hardness of heart; the third, want of grace."

St. Basil the Great

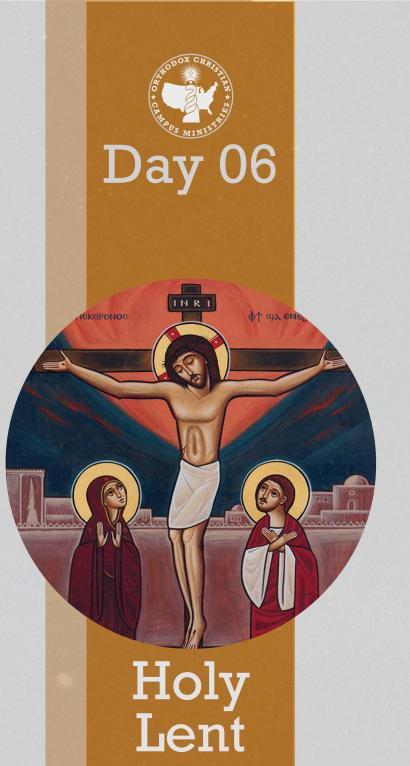
Daily Reading Luke Chapter 3



Lent

"For a true fast, you cannot fast only with your mouth. You must fast with your eyes, your ears, your feet, your hands, and all parts of your body."

St. John Chrysostom



"I do not worship matter; I worship the Creator of matter who became matter for my sake."

St. John of Damascus

Daily Reading Luke Chapter 5

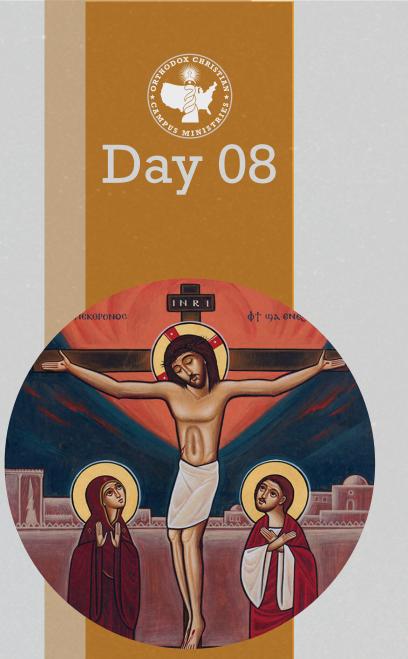




"Fasting and selfcontrol are a double wall of defense and whoever lives within them enjoys great peace."

St. Gregory

Daily Reading Luke Chapter 6



"For what good is it if we abstain from food, but bite and devour our brothers and sisters?"

St. John Chrysostom

Daily Reading Luke Chapter 7





"To fast is to banquet with angels."

St. Athanasius the Great

Daily Reading Luke Chapter 8





"If you are an ardent reader, seek not brilliant and erudite texts; otherwise the demon of haughtiness will strike your heart. But like a wise bee that gathers honey from flowers, so also through your reading obtain healing for your soul."

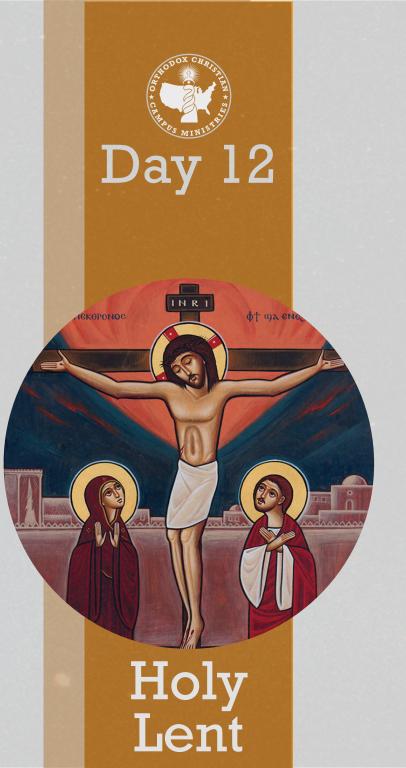
St. Ephrem the Syrian

Day 11 СКОРОНОС ot wa ene Holy Lent

Daily Reading Luke Chapter 9, 1-36 "Humility is the only virtue that no devil can imitate. If pride made demons out of angels, there is no doubt that humility could make angels out of demons."

St. John Climacus

Daily Reading Luke Chapter 9, 37-62



"There is love like
a small lamp, which
goes out when the oil
is consumed; or like a
stream which dries up
when it doesn't rain.
But there is a love
that is like a mighty
spring gushing up out
of the earth; it keeps
flowing forever, and
is inexhaustible."

St. Isaac the Syrian

Day 13 SKOPONOC ot wa ene Holy Lent

"They who sow
courtesy reap
friendship, and they
who plant kindness
gather love."

St. Basil the Great

Daily Reading Luke Chapter 11





"Obedience is the burial of the will and the resurrection of humility."

St. John Climacus

Daily Reading Luke Chapter 12, 1-31





"If you see your neighbor in sin, don't look only at this, but also think about what he has done or does that is good, and infrequently try this in general, while not partially judging, you will find that he is better than you."

St. Basil the Great

Day 16 СКОРОНОС ot wa ene Holy Lent

Daily Reading Luke Chapter 12, 32-59 "True knowledge is found only among those genuinely worshiping God."

St. John Cassian

Daily Reading Luke Chapter 13





"Humility is the only thing that no devil can imitate."

St. John Climacus

Daily Reading Luke Chapter 14





"As they shed their blood for their brothers, the martyrs provided "The same kind of meal" as they had received at the Lord's table. Let us then love one another as Christ also Loved us and gave himself up for us."

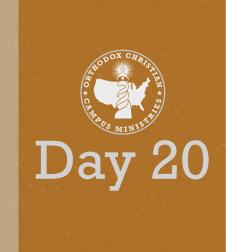
St. Augustine of Hippo

Day 19 СКОРОНОС ot wa ene Holy Lent

"If you begin to guard wealth it will not be yours. But if you begin to distribute it, you will not lose it."

St. Basil the Great

Daily Reading Luke Chapter 16

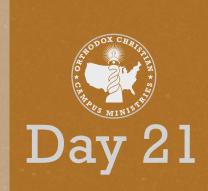




"The whole earth is a living icon of the face of God."

St. John of Damascus

Daily Reading
Luke Chapter 17

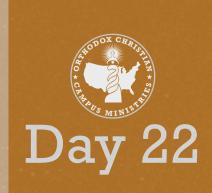




"Humility is constant forgetfulness of one's achievements."

St. John Climacus

Daily Reading Luke Chapter 18





"Prayer is the place of refuge for every worry, a foundation for cheerfulness, a source of constant happiness, a protection against sadness."

St. John Chrysostom

EKOPONOC of wa ene Holy Lent

Day 23

"The sun penetrates crystal and makes it more dazzling. In the same way, the sanctifying Spirit indwells in souls and makes them more radiant. They become like so many powerhouses beaming grace and love around them."

St. Basil the Great

Day 24 СКОРОНОС ot wa ene Holy Lent

"It happens, I do not know how, that most of the proud never really discover their true selves. They think they have conquered their passions and they find out how poor they really are only after they die."

St. John Climacus

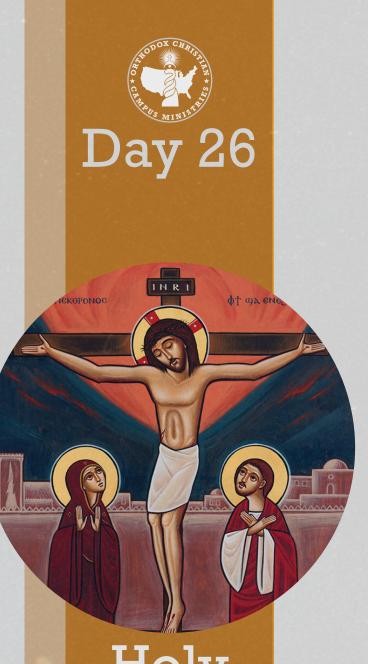
СКОРОНОС ot wa ene Holy Lent

Day 25

"Do you fast? Prove it by doing good works. If you see someone in need, take pity on them. If you see a friend being honored, don't get jealous of him."

St. John Chrysostom

Daily Reading Luke Chapter 22, 1-38



"When you have become God's in the measure he desires, then he himself will bestow you upon others; unless, to your greater glory, he chooses to keep you all to himself."

St. Basil the Great

Daily Reading Luke Chapter 22, 39-71





"Humility, in its turn, can be achieved only through faith, fear of God, gentleness and the shedding of all possessions."

St. John Cassian

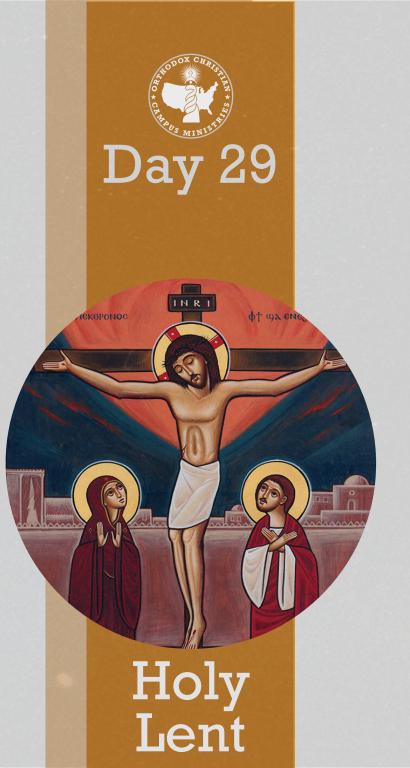
Daily Reading Luke Chapter 23





"The bread you store
up belongs to the
hungry; the cloak
that lies in your chest
belongs to the naked;
the gold you have
hidden in the ground
belongs to the poor."

St. Basil the Great



"Repentance lifts a man up. Mourning knocks at heaven's gate. Holy humility opens it."

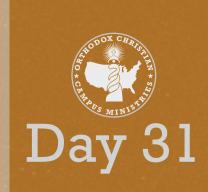
St. John Climacus

Day 30 EKOPONOC of wa ene Holy Lent

Daily Reading John Chapter 1 "All of our holy fathers knew this and all with one accord teach that perfection in holiness can be achieved only through humility."

St. John Cassian

Daily Reading John Chapter 2





"A tree is known by its fruit; a man by his deeds. A good deed is never lost; he who sows courtesy reaps friendship, and he who plants kindness gathers love."

St. Basil the Great

Holy Daily Reading Lent John Chapter 3

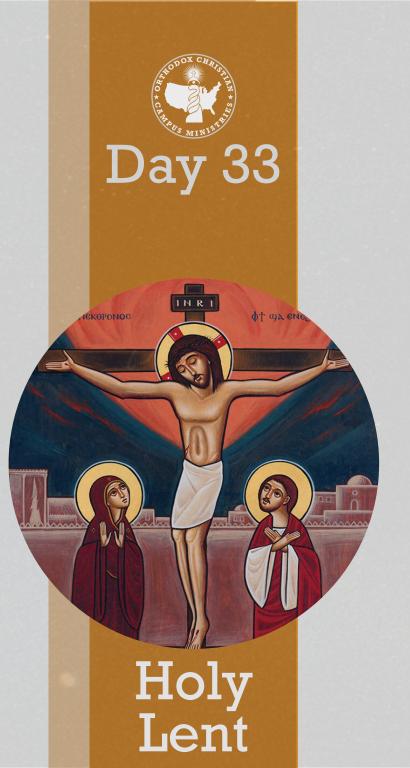




"But if you look at things which are lawful and safe you increase your fast, for what you see with your eyes influences your conduct."

St. John Chrysostom

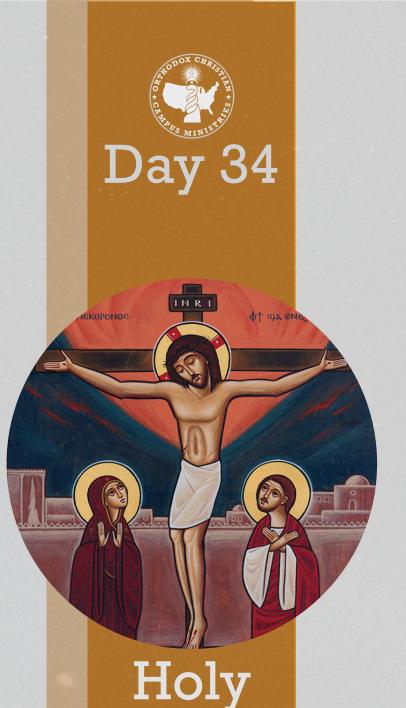
Daily Reading John Chapter 4, 1-30



"Whoever is guided solely by his own judgment and decision will never climb up to the summit of perfection and will not fail to be the victim of the devil's ruinous power to delude."

St. John Cassian

Daily Reading John Chapter 4, 31-54

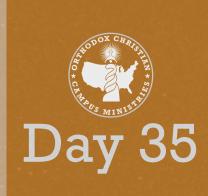


Lent

"A servant of the Lord stands bodily before men, but mentally he is knocking at the gates of heaven with prayer."

St. John Climacus

Daily Reading John Chapter 5





"Beside each believer stands an Angel as protector and shepherd, leading him to life."

St. Basil the Great

Daily Reading John Chapter 6, 1-40





"A clear rule for selfcontrol handed down by the Fathers is this: stop eating while still hungry and do not continue until you are satisfied."

St. John Cassian

Daily Reading John Chapter 6, 41-71

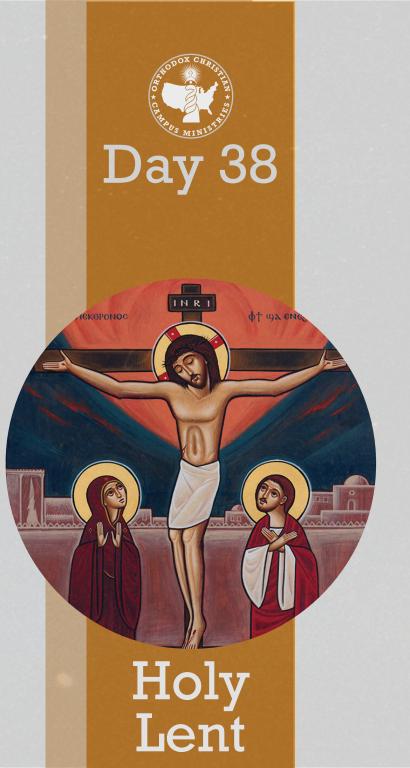




"Do not stop praying as long as, by God's grace, the fire and the water have not been exhausted, for it may happen that never again in your whole life will you have such a chance to ask for the forgiveness for your sins."

St. John Climacus

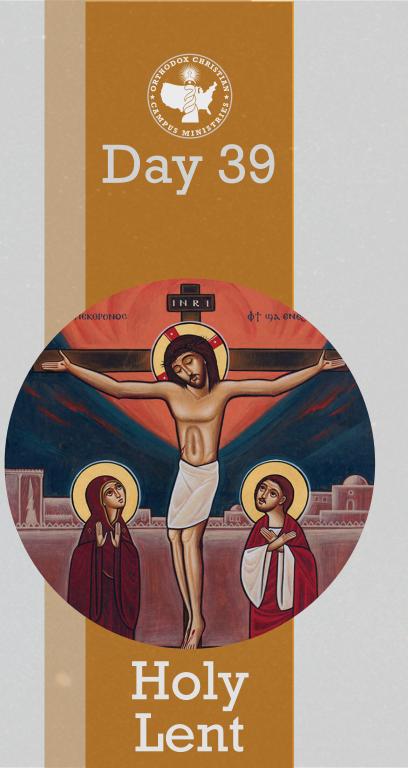
Daily Reading John Chapter 7, 1-24



"No other virtue makes man more equal to the angels, than the imitation of their way of life."

St. John Cassian

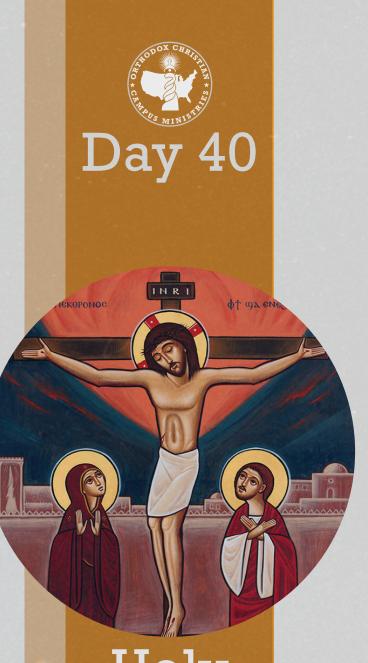
Daily Reading John Chapter 7, 25-53



"Every evil is a sickness of the soul, but virtue offers the cause of its health."

St. Basil the Great

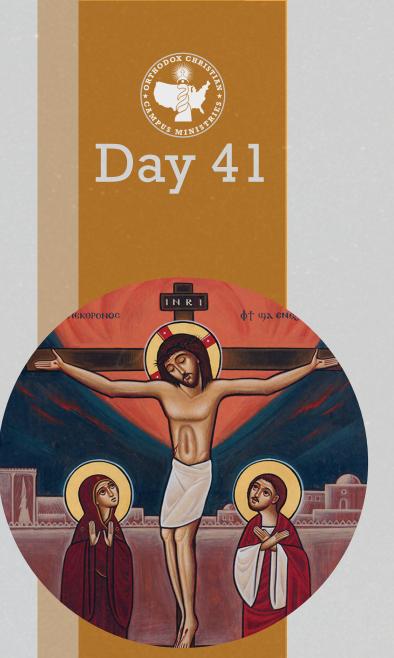
Daily Reading John Chapter 8, 1-30



"We should realize that there are three sources for our thoughts- God, the devil, and ourselves."

St. John Cassian

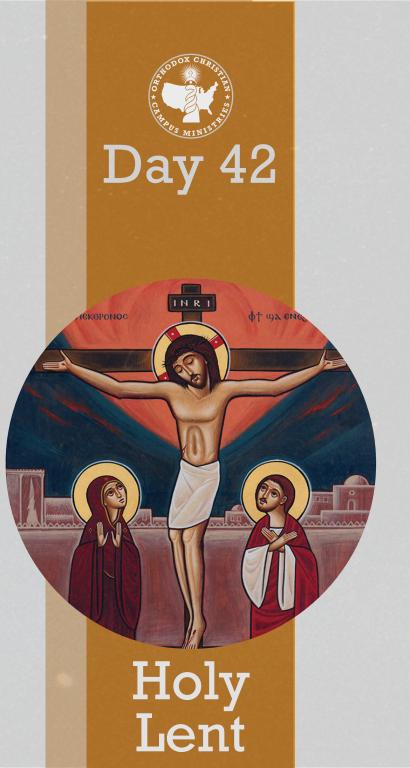
Daily Reading John Chapter 8, 31-59



"Faith furnishes prayer with wings, without which it cannot soar to Heaven."

St. John Climacus

Daily Reading John Chapter 9



"Do not become a disciple of one who praises himself, in case you learn pride instead of humility."

Daily Reading
John Chapter 10

St. Mark the Evangelist

Holy
Lent

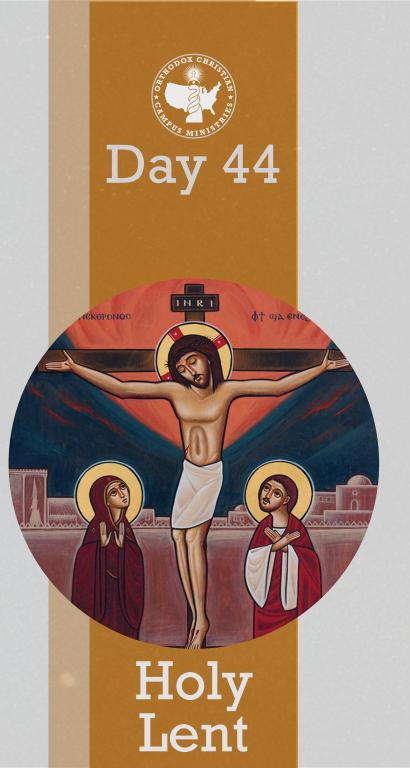




"Let us fast an acceptable and very pleasing fast to the Lord. True fast is the estrangement from evil, temperance of tongue, abstinence from anger, separation from desires, slander, falsehood, and perjury. Privation of these is true fasting."

St. Basil the Great

Daily Reading John Chapter 11, 1-29



"Curb your tongue with rages to leap into arguments. Seventy times seven in the day wrestle with this tyrant."

St. John of the Ladder

Daily Reading
John Chapter 11, 30-57

Lent

Day 45

of wa eng

EKOPONOC

"Let us not slacken our resolve nor be without hope, for with every breath that we take our Lord Jesus Christ gives us opportunity for repentance."

St. Macarius the Great

Day 46 EKOPONOC of wa eng Holy Lent

Daily Reading
John Chapter 12

"The man who pets a lion may tame it, but the man who coddles the body makes it ravenous."

St. John Climacus

Daily Reading
John Chapter 13





"Recognize in this bread what hung on the cross and in this chalice, what flowed from His Side"

St. Augustine of Hippo



## Pascha Week

